

MY VISIT TO TRAIN WORLD

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HOW DO I USE THE STEP-BY-STEP PLAN?

Great news that you decided to go to Train World. In collaboration with Train World, Tourism for Autism created a step-by-step plan to prepare for this activity.

Below you will find out how to use this step-by-step plan.



There is a lot of information in this step-by-step plan.

Not all of this information is important for everyone.

For example, you have different options for going to the museum. You can go by car, by train, by bike, on foot, etc.



You choose the pages that are relevant to you.

You choose which pages to print in the next phase.



You can write this down on a sheet of paper so you don't forget anything when you print.



After that, print the pages you selected in the previous step. You can also print the agreements, if you want to use them.



Once you have printed the step-by-step plan, it is best to keep it in a folder. That way, the pages won't get mixed up.

It's up to you whether you want to do this or not.

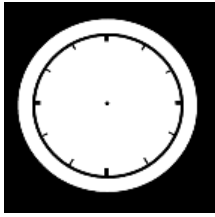


What's more, you need to complete some of the sentences yourself in the step-by-step plan.

For example, on the dotted line at the start, you fill in when you will go to the museum and who will go with you.

That way, you read the entire step-by-step plan and fill in all the dotted lines.

HOW DO I USE THE STEP-BY-STEP PLAN?



You will also see two clocks at the start of the step-by-step plan. You read what it says underneath and draw that time on the clock.



Now you can really start preparing for this day out.

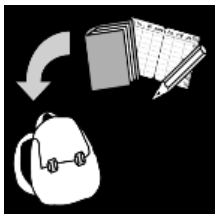
Pick a quiet time so you are not in a hurry to read the step-by-step plan. You should read the step-by-step plan at the latest the night before you set off. Do this at least once. If you want, you can read the step-by-step plan sooner. You can also read the step-by-step plan several times.

It all depends on your own needs.



If this step-by-step plan is intended for young children, it is best to read it with them the first time.

That way, you can be sure the child understands everything well and can ask any questions.



If you like, feel free to take this step-by-step plan with you to the museum. Although it's not essential for a successful visit.



So, now you're all prepared to head off.

Tourism for Autism and Train World wish you lots of fun!

If you have any feedback afterwards about your trip or the step-by-step plan, feel free to email us at contact@toerismevoorautisme.be.

WHAT AM I GOING TO DO AND WHEN?

I will soon be going to Train World. This is a museum in Schaerbeek about trains and railways. Many people enjoy visiting Train World. This bundle explains everything I will do and see in the museum. I will read this bundle well in advance. That way, I am well prepared.

INFORMATION



I'm going to Train World on (date).

.....(person accompanying) is coming with me.

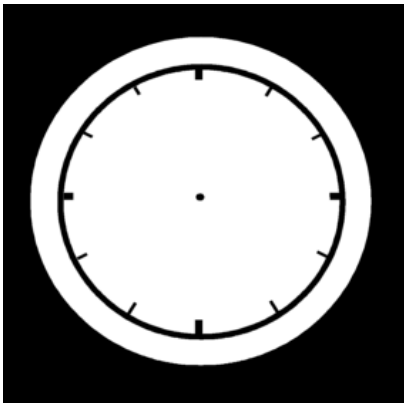
I will do my best to leave for the museum at (o'clock).

We may leave a little bit later. But that's fine. Train World is in Schaerbeek.

The museum is shown on the map by the red marker.

WHAT AM I GOING TO DO AND WHEN?

INFORMATION



The route to Train World takes more or less

.....(journey time).

I might get there earlier, or maybe also a bit later. That's fine.

BOOK TICKETS ONLINE



I can book my visit in advance via the Train World website.

I can use this link: www.trainworld.be/en I follow the steps on the website.

I will book my ticket for the day and time that suits me best.

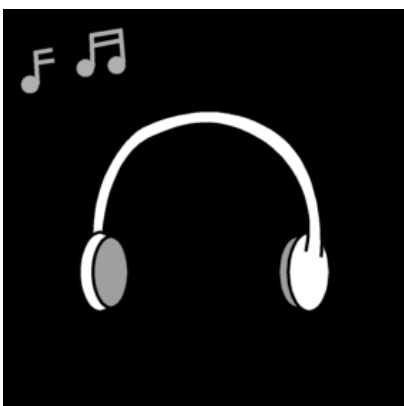
I will receive a confirmation email.

I will print out this email or save it to my smartphone.

I will take this email to Train World.

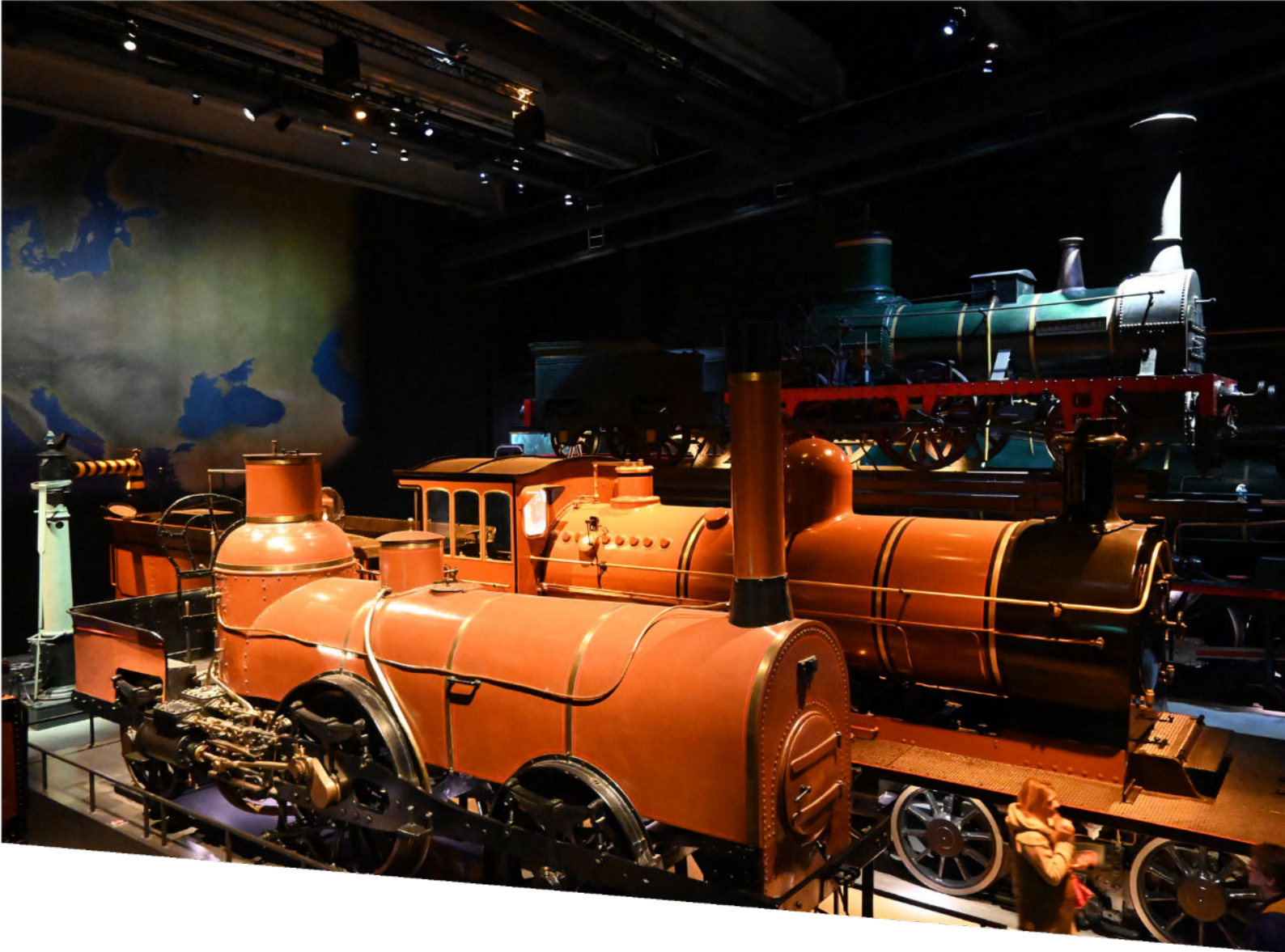
I can also buy an admission ticket at the Train World reception desk on the day I visit.

NOISE



I can hear lots of different noises In Train World.

If I find that it's too much, I can bring my headphones to the museum.



HOW DO I GET TO TRAIN WORLD?

I WILL GO BY TRAIN

I WILL GO BY BUS

I WILL GO BY TRAM

I WILL GO BY CAR

I WILL GO BY BIKE

I WILL GO ON FOOT

HOW DO I GET TO TRAIN WORLD?

I WILL GO BY TRAIN



I will go by train to Train World.

I can find the train I need on this website: www.nmbs.be.

I will get on at station

I may have to change trains 1 or more times during my train journey.

I will change trains at..... station or
.....

..... stations

I might not have to change trains during my train journey though.

In that case, I will stay on this train until I get to my destination.

I will get off the train at Schaerbeek station.

When I get off the train, I just need to walk a few more minutes to Train World.



I will follow the arrows from the station to the museum. The museum is close by.

HOW DO I GET TO TRAIN WORLD?

I WILL GO BY BUS



I will go by bus to Train World.

Buses 56, 58, 59 and 69 stop near Train World.

I will walk to the bus stop for bus(bus number).

I will get on the bus.

The journey takes approximately minutes.



I will get off at the 'Schaerbeek Station' stop.

HOW DO I GET TO TRAIN WORLD?

I WILL GO BY TRAM



I will go by tram to Train World.

Tram 7 and tram 92 stop near Train World.

I will walk to the tram stop for tram (tram number).

I will get on the tram.

The journey takes approximately minutes.

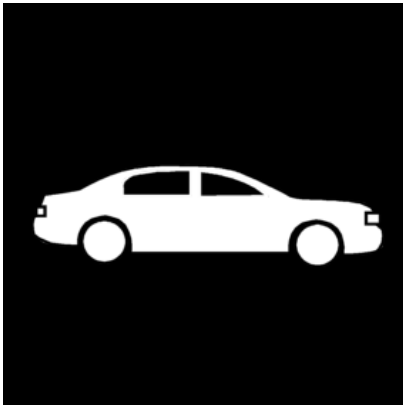
I will get off at the 'Station Schaerbeek' stop.



I will get off at the 'Schaerbeek Station' stop.

HOW DO I GET TO TRAIN WORLD?

I WILL GO BY CAR



I will go by car to Train World.



I can park in the paid car park next to the station building.



This car park is not that big.

If this car park is full, I can also always park at Docks Bruxsel.
It is a 7-minute walk to Train World from this car park.

HOW DO I GET TO TRAIN WORLD?

I WILL GO BY BIKE



I will go by bike to Train World.

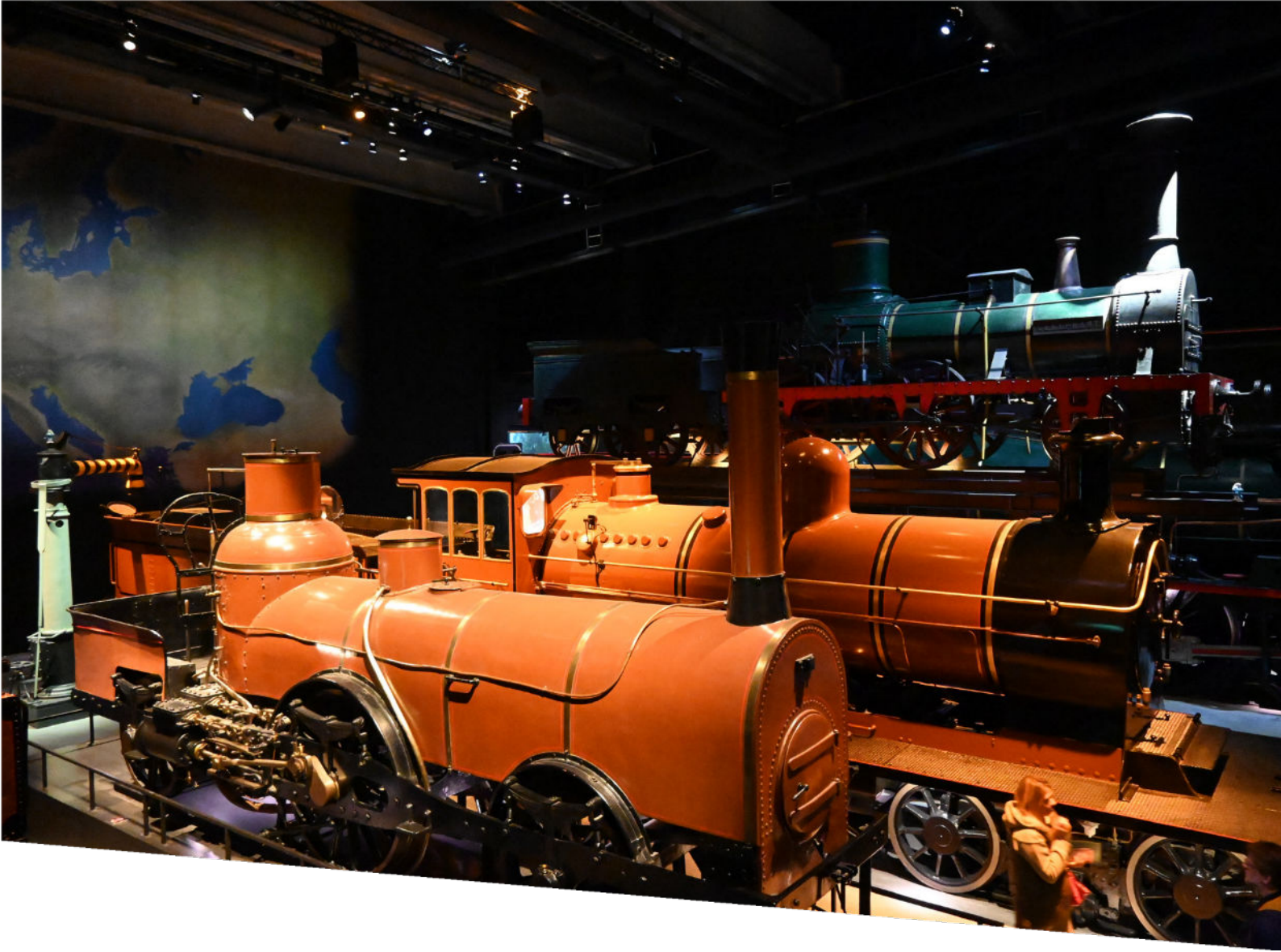
I can park my bike in the bike park in front of the museum.

HOW DO I GET TO TRAIN WORLD?

I WILL GO ON FOOT



I will go on foot to Train World.



I ARRIVE AT TRAIN WORLD

I ARRIVE AT TRAIN WORLD

ARRIVAL



I arrive at Train World.

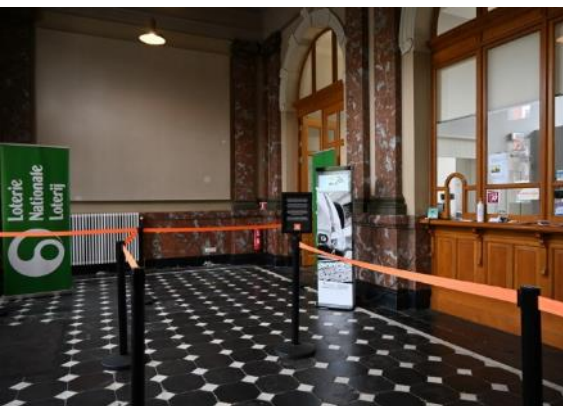
I will recognise the building by the two orange flags at the entrance.



I will enter via the green door.



I am now in the entrance hall.



I will join the queue at the reception desk.

I ARRIVE AT TRAIN WORLD

ARRIVAL



Other people may sometimes be queuing at the reception desk.

I will do my best to wait patiently.

If no one is queueing, I can go straight to the reception desk.



It's my turn.

I will show the email I received.

I can print out this email or show it on my smartphone. The attendant will check my ticket. `

My ticket is OK. OR

I buy a ticket at the reception desk.



I get a ticket to go inside. I will take good care of this ticket.

I need it to enter the different buildings of the museum.



I continue through the opening on the right side of the hall.

I ARRIVE AT TRAIN WORLD

ARRIVAL



I walk to the end of the corridor.

I go past the restaurant on the way.



I come to a sliding door.

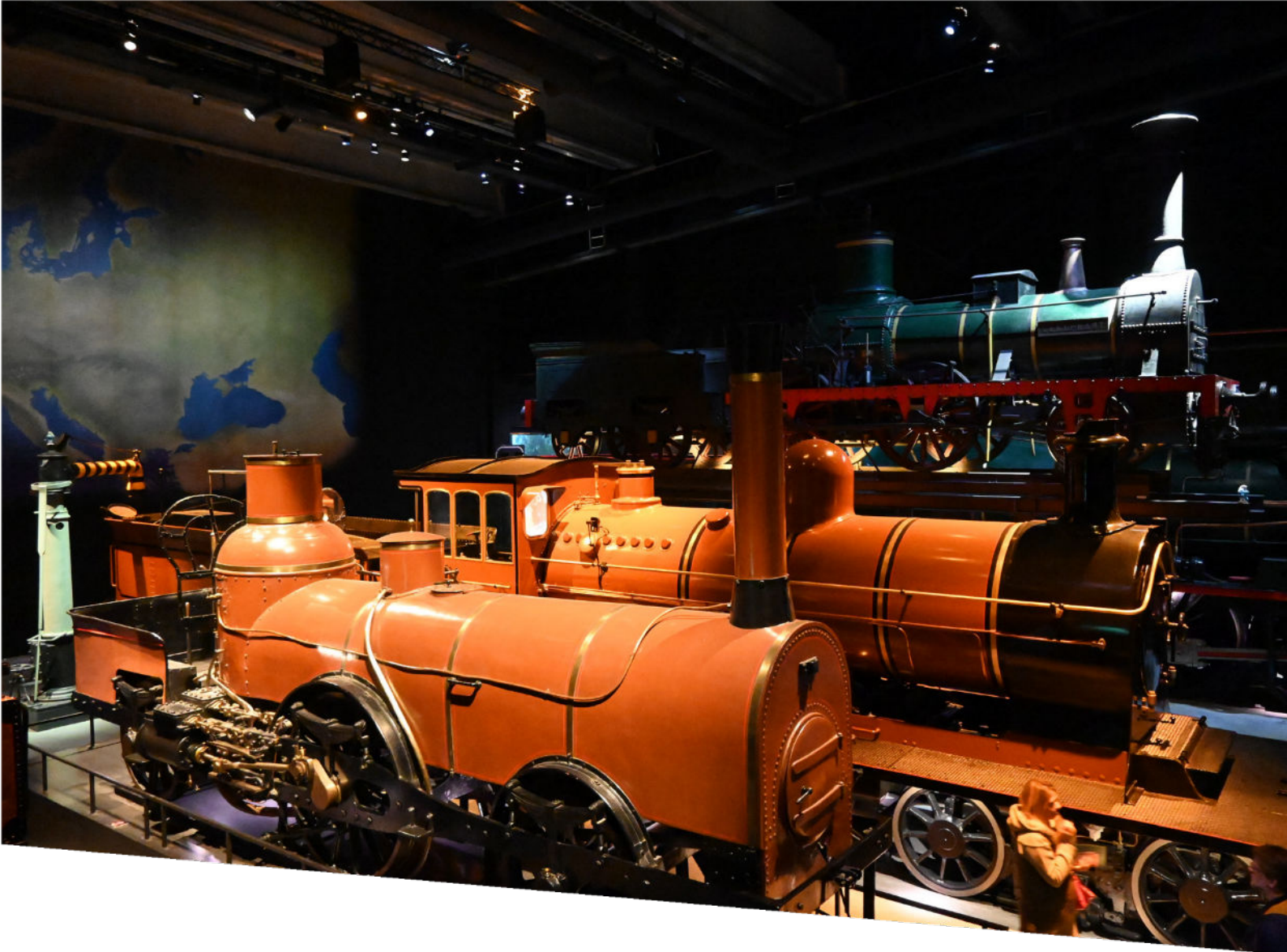


I scan my ticket.

The sliding door opens.

I go through it.

Now my visit to the museum can start.



MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE

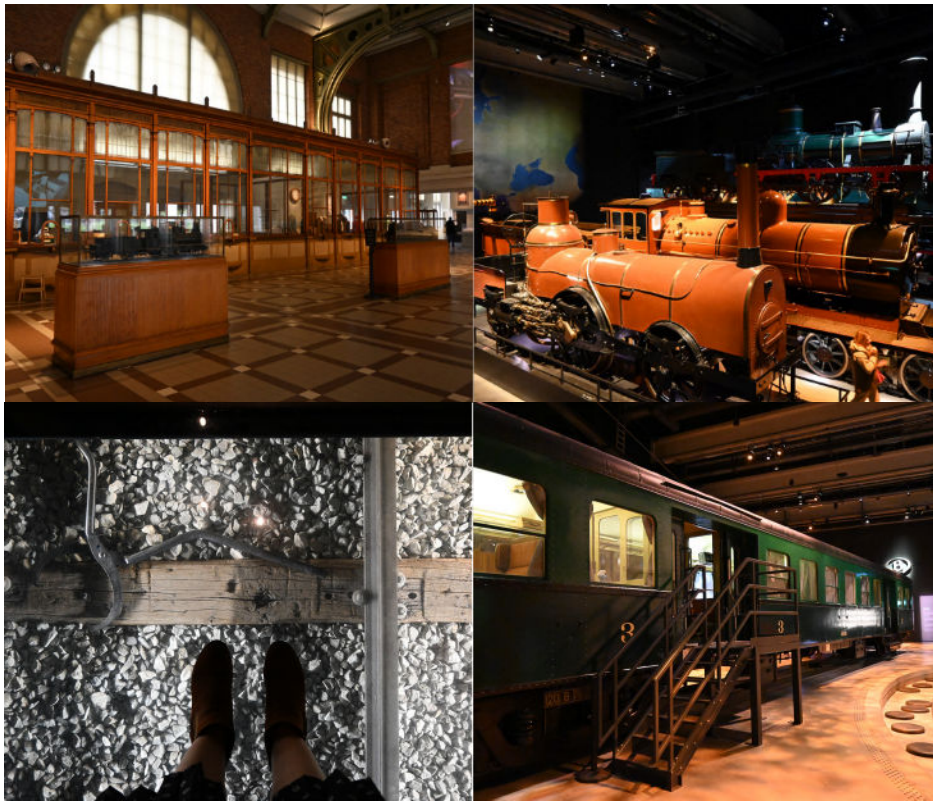
I WILL LISTEN TO THE AUDIO GUIDE VIA THE HERITAGE APP

I WILL VISIT TRAIN WORLD WITH A GUIDE

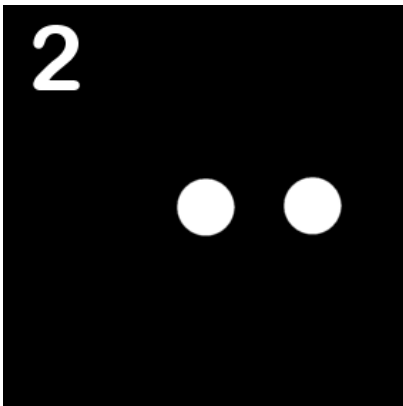
LOW-STIMULUS DAYS

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE

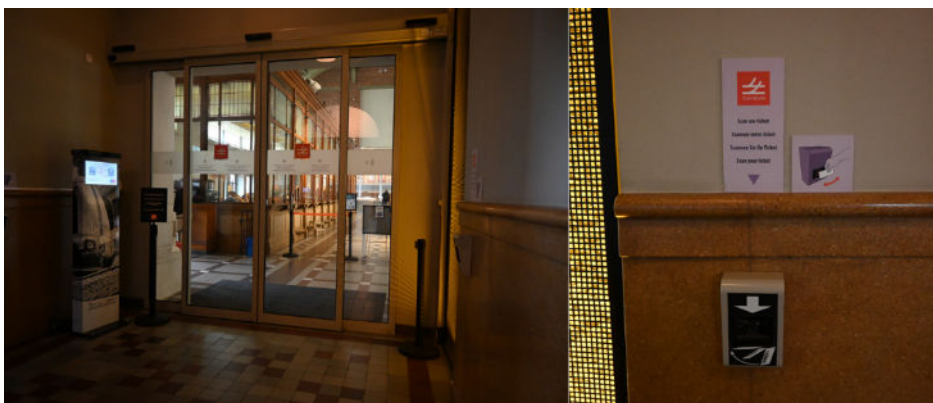


There is a lot to see and do at Train World.



The museum is spread across 2 buildings.

I will take good care of my ticket, because I need it to enter every building.



I enter the exhibition hall in the first building via the glass door.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE



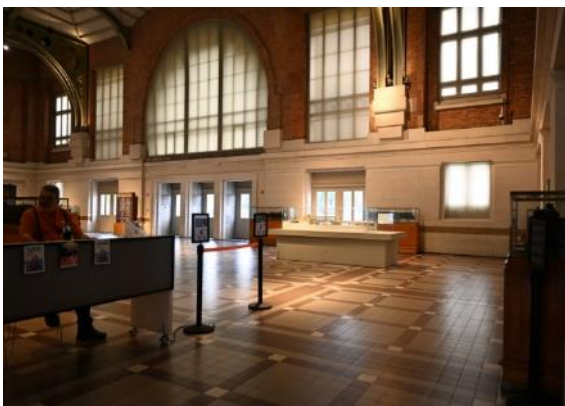
I am in the first exhibition hall.

It is a very large hall.

This hall is called the Large Ticket Office.



I can hear music playing in this hall.

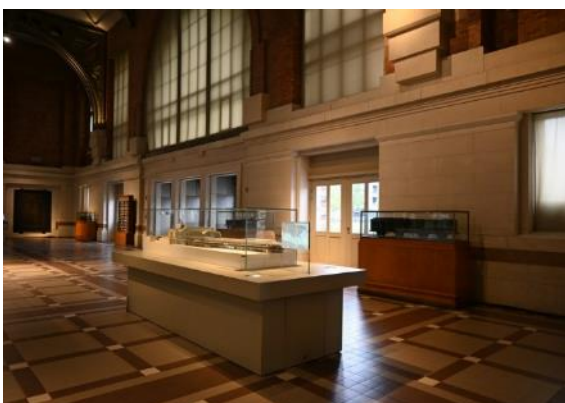


I can see a help desk in front of me.

Some of the museum staff are at the desk.

They can help me with any questions.

I can also get a map of the museum from them.



This hall contains several scale models of historic train sets.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE



There are several small and large screens in this hall showing film clips.



There are authentic ticket counters in this hall.



There are information boards near the objects in the hall.
I can read more about the objects on these information boards.



When I finish in this hall, I will follow the arrows that say 'Visit continues this way'.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE



To get to the second building, I have to go out through these doors at the end of the hall.



I will follow the path to the right.

Along the path are several machines used in stations and on the railways.



I keep walking until I reach this building.



I continue through the large opening.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE



I walk over metal planks.



Each person in my group scans their ticket again here to go through the turnstiles of the second building.



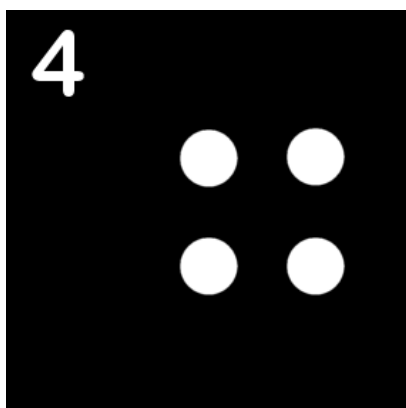
I will enter the building through the double doors.



I arrive in hall 1 of the second building.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE



There are 4 large halls in the second building.

It is quite dark in the first three halls.

There is more light in the last hall.



In the dark halls, some objects are illuminated with bright spotlights.



In every hall, I can hear music playing and the sounds of trains and clinking of the barriers of the railway.

If I find this a bit overwhelming, I will put on headphones.



This is Hall 1.

The theme of Hall 1 is 'The Early Days'.

In this hall, I will learn more about the emergence of trains and railways.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE

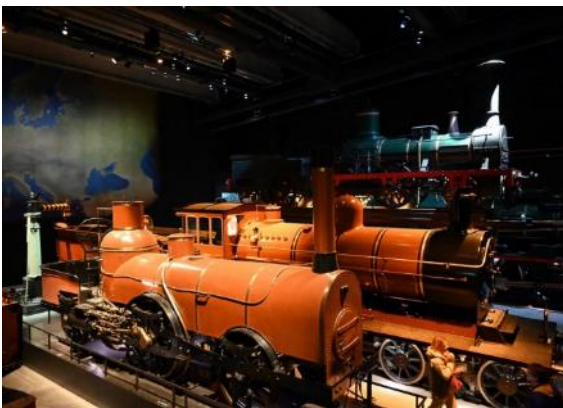


Hall 1 consists of 2 floors.

There is a small upper floor.

I will enter on this floor.

I can go to the lower floor using the stairs or lift.



There are several trains on the lower floor.



I can have a look in some of the trains.

These trains have steps at the entrance of the train that is free.



Sometimes there may be other people on the train.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE

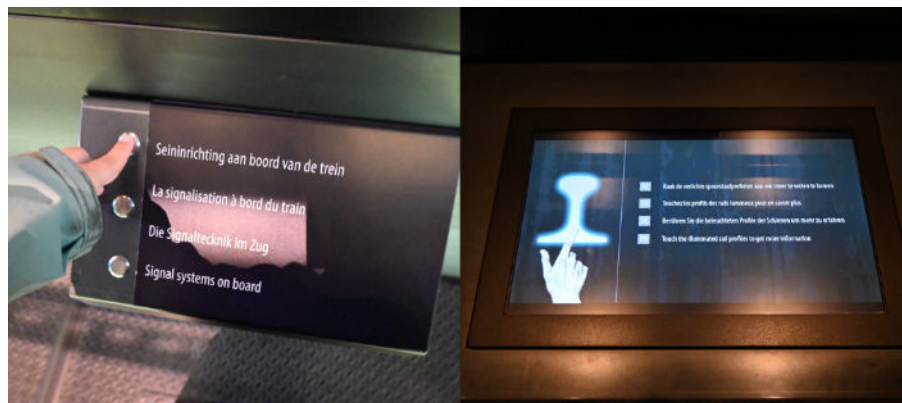


I will do my best to wait patiently until the train is free or there is room.



There is also a railway on the lower floor that I can walk over.

The railway tracks are underneath glass. It's OK to walk on this glass.



There are several interactive tasks in this hall.

I can touch the buttons and screens and follow the instructions.



When I'm finished in this hall, I follow the arrow to Hall 2.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE



To get to Hall 2, I go past a room with a lot of clocks.
I can hear the clocks ticking.



I continue to Hall 2.



The theme in Hall 2 is 'From Steam to Electricity'. Here I will
learn more about steam technology.

Again, I can hear lots of different train sounds in this hall.
I can also see fake smoke coming from the green train.

I can take a look around several trains in this hall.

If there are other people on the train, I will do my best to
wait patiently.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE



There are several interactive tasks in this hall.
I can touch the buttons and screens and follow the instructions.



Once I am finished in Hall 2, I will move on to Hall 3.



This is Hall 3.
The theme in this hall is 'Of trains and people'.
In this hall, I will see a real railway cottage, learn about trains during the Second World War, and about how SNCB-NMBS started.



I can take a look around several trains in this hall.
If there are other people on the train, I will do my best to wait patiently.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE



There is also a real railway cottage in this hall.



I can take a look at this cottage.



There is a television in this cottage.

A film is being played on this television.



There is also an area in this hall that tells more about the history of trains during the Second World War.

This area is kind of hidden behind a black wall.

MY VISIT TO TRAIN WORLD

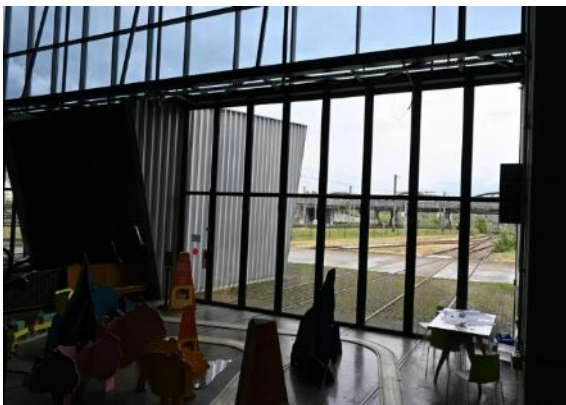
I WILL VISIT TRAIN WORLD WITHOUT A GUIDE



Via a short staircase, I can get to a mezzanine.

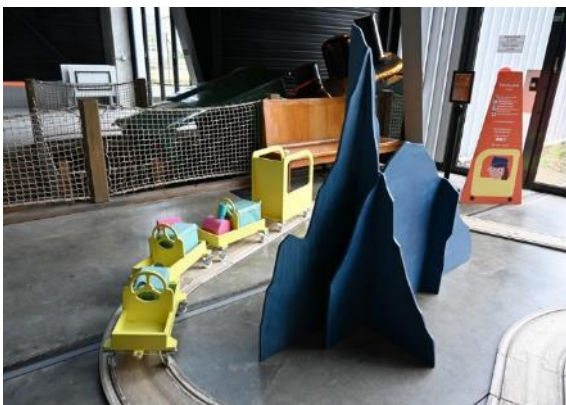


Via this mezzanine, I can get to Hall 4.



I arrive in Hall 4.

Hall 4 has much more light thanks to the large windows.
The theme in Hall 4 is 'The Epic of Luxury Trains'.



I first see the toddler train.

Here young children can ride a toy train themselves.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE



A little further on is a small suspension bridge.

I can go and look at a train via this suspension bridge.



I can take a look around several trains in this hall.

If there are other people on the train, I will do my best to wait patiently.



There are different routes I can take in this hall. I can choose which route to take.



Via the bridge, I can go and look at a goods wagon.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE



When I am finished in this hall, I will go back through a narrow corridor past all the previous halls.



That means I can see the hall from a different perspective.



At the end of this corridor is a train simulator.



I can have a go to see what it's like to drive a train.
On a large screen, I can see which tracks to follow.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE



Other people may be using the simulator. I will do my best to wait patiently until it's my turn.



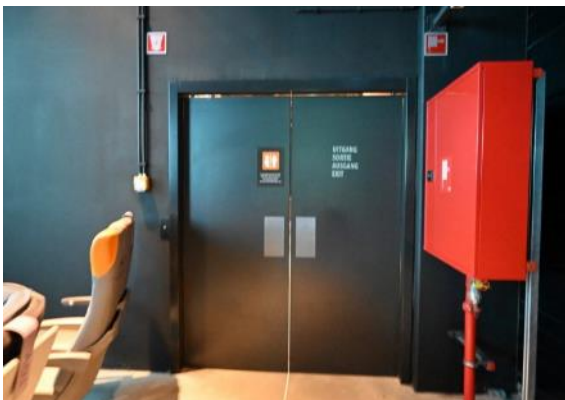
I continue through a double door.



Behind this door is a small cinema room. A film is playing in this cinema room.

I can sit on a seat to watch the film.

I can watch the complete film or I can watch a part of the film.



When I've finished, I will continue through the next door;

MY VISIT TO TRAIN WORLD

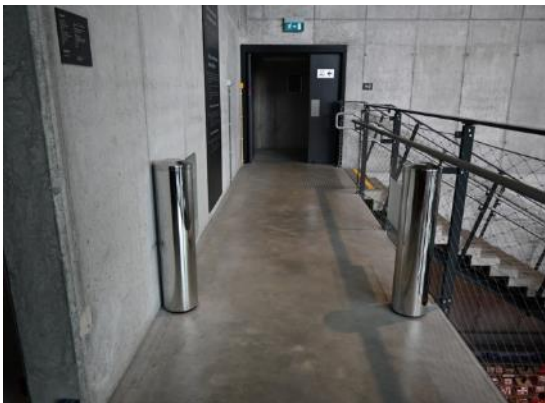
I WILL VISIT TRAIN WORLD WITHOUT A GUIDE



I continue walking down the narrow corridor through the previous halls.



At the end, I arrive at the last hall. There are some recent trains here.



When I've finished, I will continue.



I take the stairs or the lift to the lower floor.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITHOUT A GUIDE

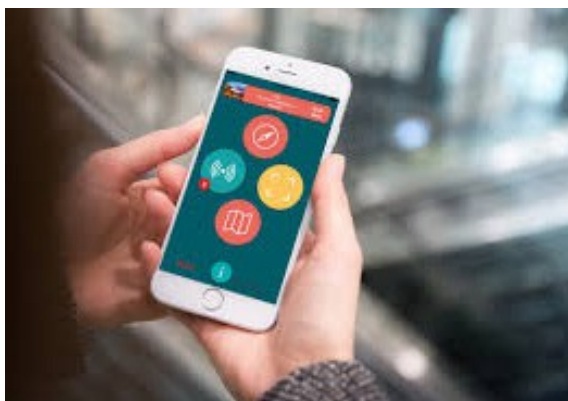


I arrive at the exit to Train World.

The museum shop is also here.

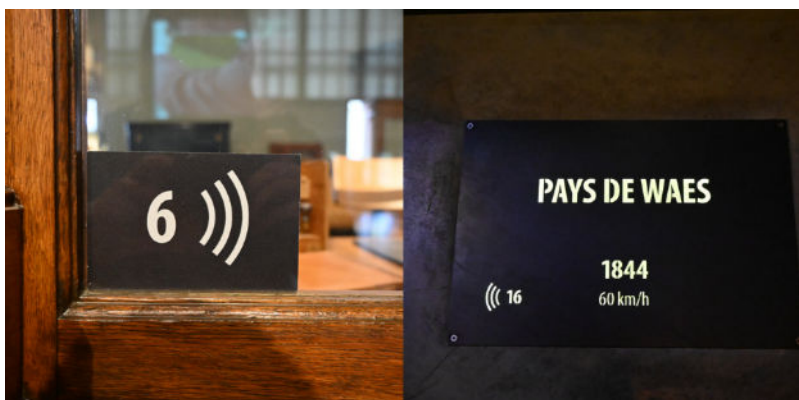
MY VISIT TO TRAIN WORLD

I WILL LISTEN TO THE AUDIO GUIDE VIA THE HERITAGE APP



In Train World, I can listen to an audio guide. All I need for this is my smartphone and the Heritage app.

I can download the Heritage app for free from the App Store or Google Play.

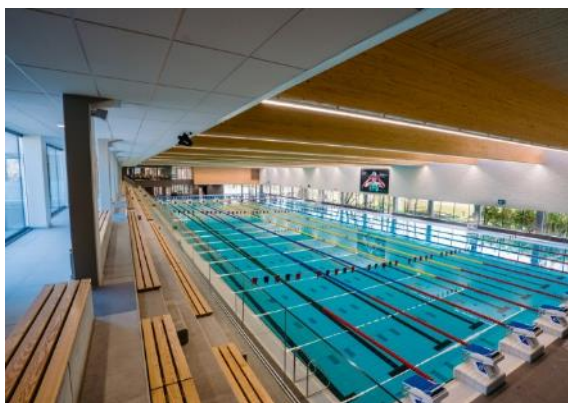


In Train World, I will see a number with three curved lines in various places.

That means I can use the audio guide here to find out more.



I click on the calculator in the Heritage app and enter the number for which I want more information.



The text will now automatically be read out loud.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITH A GUIDE

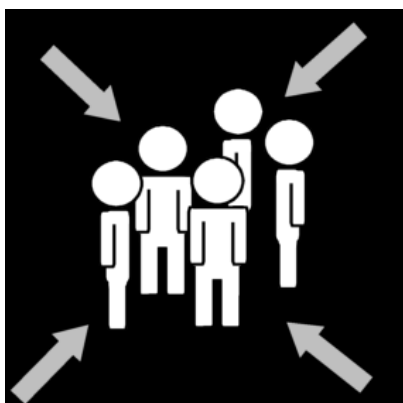


I will visit Train World.

I will take a guided tour of the museum.

I will check in with the assistant at the reception desk.

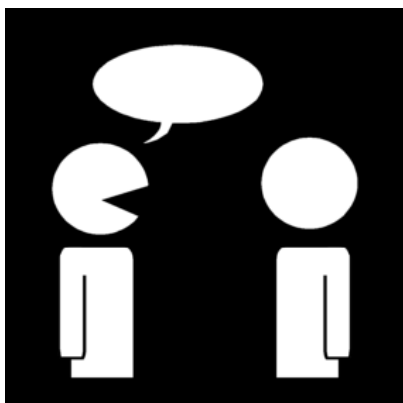
I will say that I have booked a guided tour. I will wait until the guide joins us.



There may be other people on the guided tour. That is my group.

I will always make sure I stay with the group.

My guided tour can start.



The guide gives explanations during the guided tour.



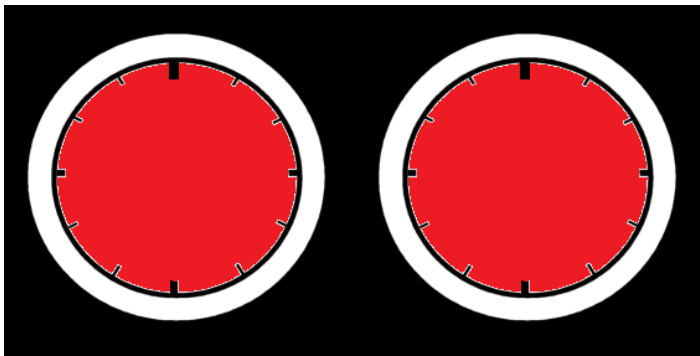
I will do my best to listen attentively.

MY VISIT TO TRAIN WORLD

I WILL VISIT TRAIN WORLD WITH A GUIDE



If I have a question, I can ask the guide.



A guided tour lasts about 2 hours.
That's about as long as a feature film.

MY VISIT TO TRAIN WORLD

LOW-STIMULUS DAYS



A few times a year, Train World organises a low-stimulus day.

Using this link, I can see when the next low-stimulus day will take place:

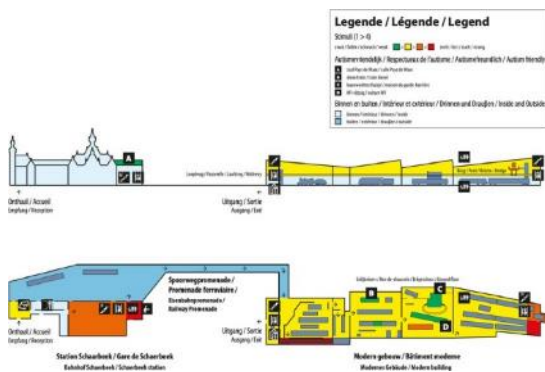
https://trainworld.be/en/activity/low-stimulus-day/?_gl=1*khe6kv*_up*MQ..*_ga*NjYyODIwMzA5LjE3NTI0MzUzMTc.*_ga_S5HME62TZ9*cze3NTI0MzUzMTckbzEkZzEkdDE3NTI0MzU0MDAkajYwJGwwJGgw



The low-stimulus day is for those who like it a little quieter.

On low-stimulus days, the lighting is adjusted and sounds are turned off.

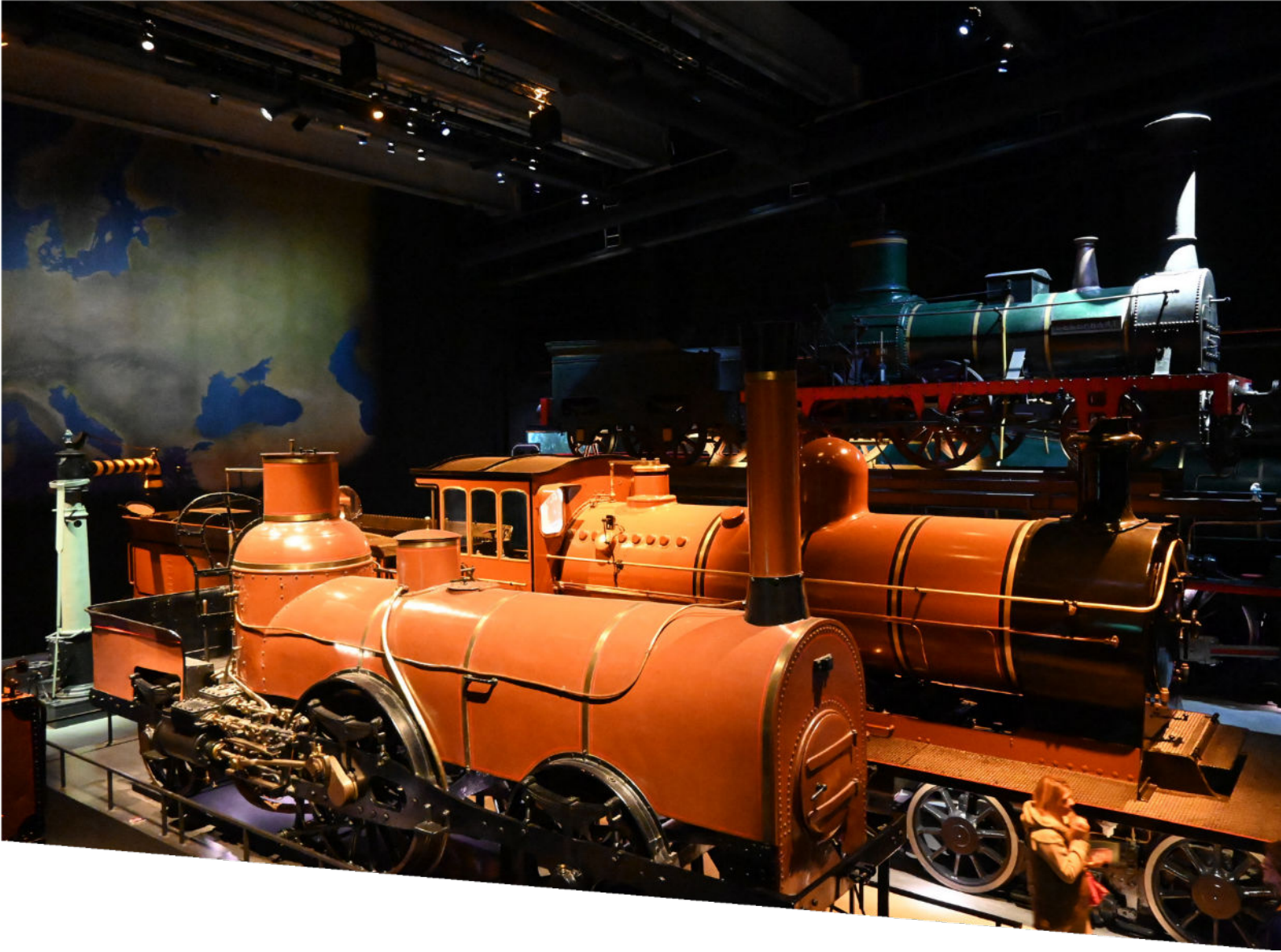
Quiet corners are also set up in the museum.



On the low-stimulus day, there is an adapted map showing where quiet and busier places are.

I can study this map in advance here:

https://www.trainworld.be/src/Frontend/Files/userfiles/files/2024/plan_TW_stimuli_Nouvelle%20version%202024.pdf



WHERE IS THE TOILET?

IN BUILDING 1

IN BUILDING 2

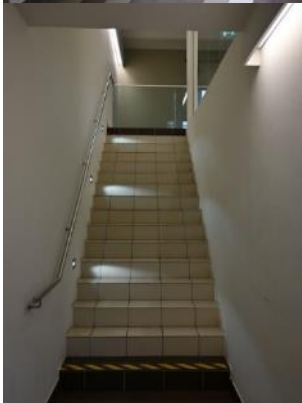
WHERE IS THE TOILET?

IN BUILDING 1



There are toilets in the first building. The toilets are on the first floor.

They are indicated by signposts. I go to the end of the hall.



I follow the corridor and go up the stairs to the first floor.



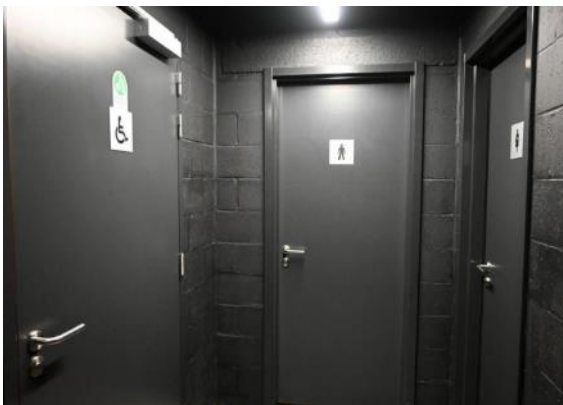
I can find the toilets there.

WHERE IS THE TOILET?

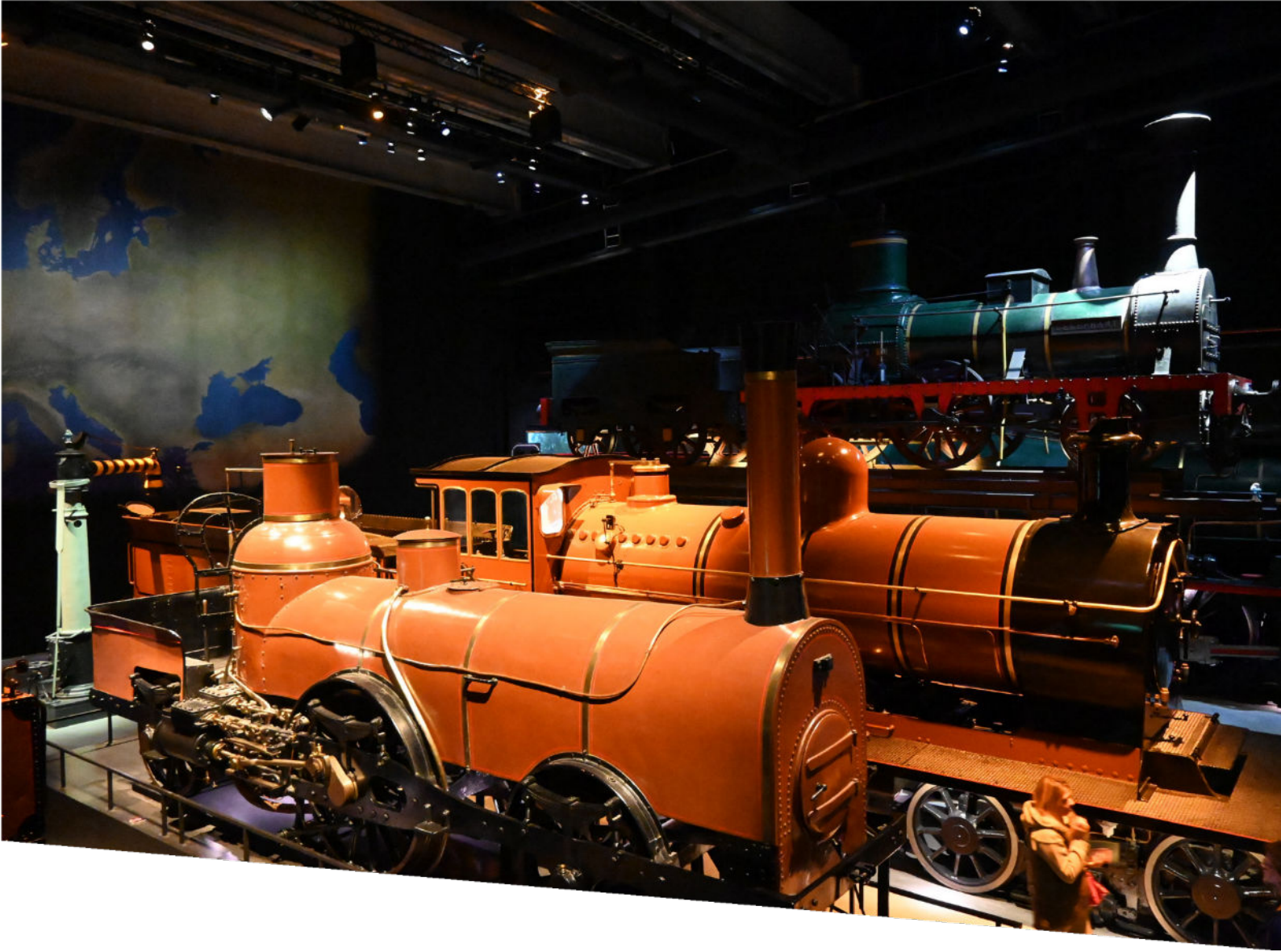
IN BUILDING 2



There are toilets in the second building.
The toilets are indicated by signposts.
I will follow the arrows.



I can go to the toilet here if I need to.



THE MUSEUM SHOP

I CAN BUY SOMETHING IN THE MUSEUM SHOP

I WILL NOT BUY ANYTHING IN THE MUSEUM SHOP

THE MUSEUM SHOP

I CAN BUY SOMETHING IN THE MUSEUM SHOP



There is a museum shop in Train World.

The museum shop is the final part of the museum.

I can buy something in the shop at the end of my visit.

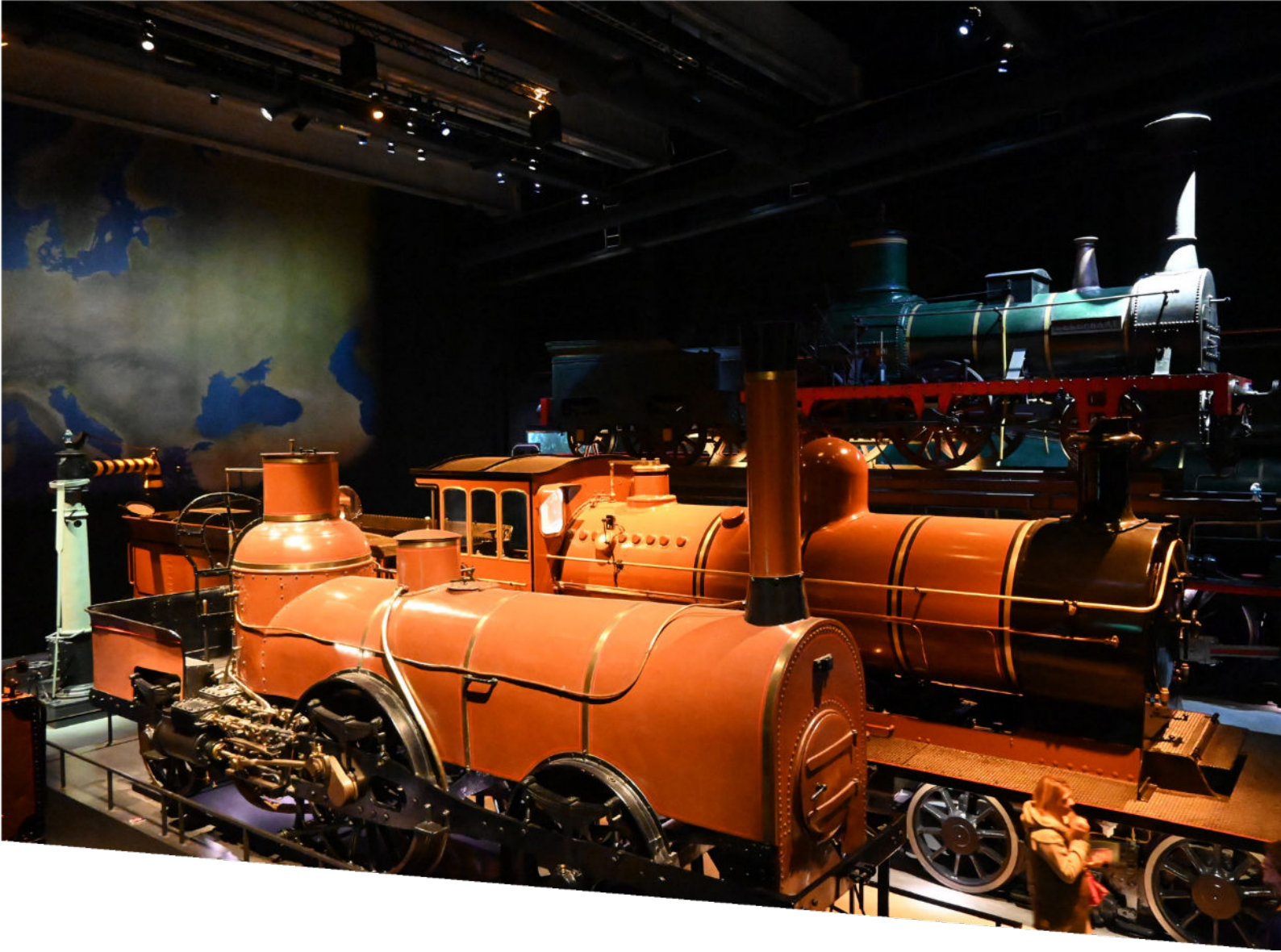
I can buy something that costs up to euros.

THE MUSEUM SHOP

I WILL NOT BUY ANYTHING IN THE MUSEUM SHOP



There is a museum shop in Train World.
The museum shop is the final part of the museum.
I will not buy anything in the museum shop



THE BRASSERIE

I WILL EAT OR DRINK SOMETHING IN BRASSERIE FILOUSOPHE

I WILL NOT EAT OR DRINK ANYTHING IN BRASSERIE FILOUSOPHE

THE BRASSERIE

I WILL EAT OR DRINK SOMETHING IN BRASSERIE FILOUSOPHE



There is a brasserie in the first building of Train World.

This brasserie is called FilouSophe.

I can eat or drink something in the brasserie.

THE BRASSERIE

I WILL NOT EAT OR DRINK ANYTHING IN BRASSERIE FILOUSOPHE



There is a brasserie in the first building of Train World.

This brasserie is called FilouSophe.

I will not eat or drink anything in the brasserie.

END OF THE VISIT

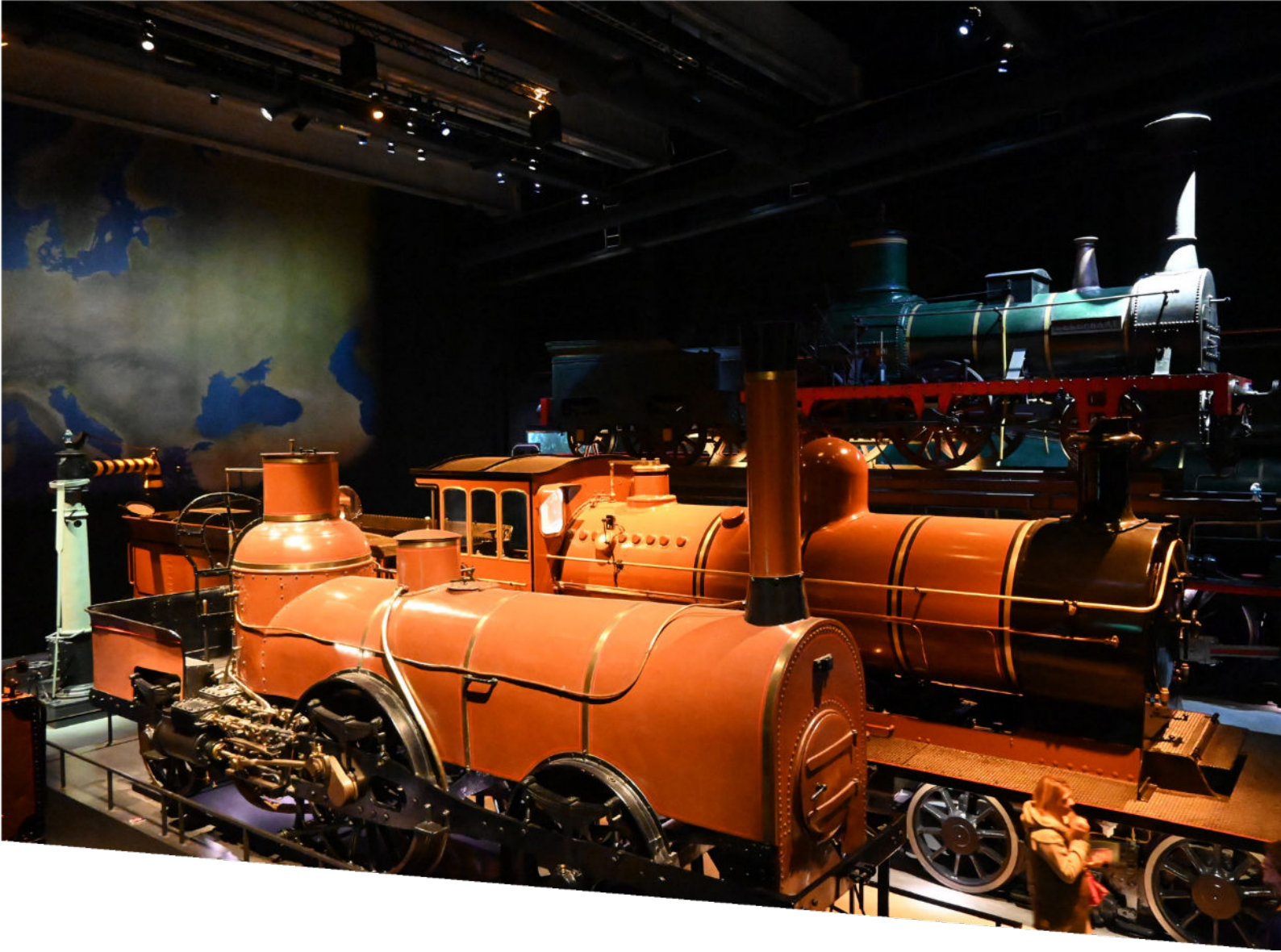
END



It is the end of my visit to Train World.
I finish my visit in the museum shop.
This is an area with lots of light.



I go out through the glass doors.



GOING HOME

I WILL GO BY TRAIN

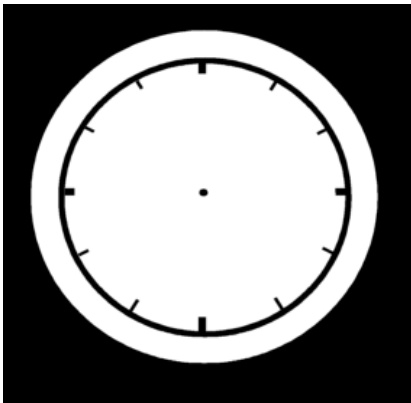
I WILL GO BY BUS

I WILL GO BY TRAM

I WILL GO BY CAR

I WILL GO BY BIKE

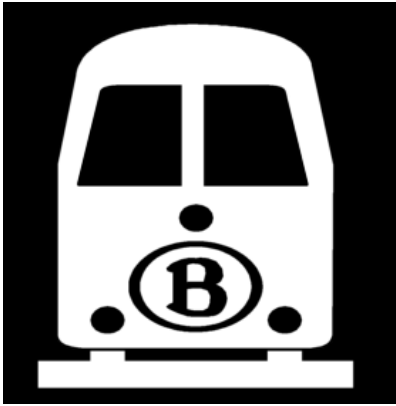
I WILL GO ON FOOT



It will take me about
minutes to get to my next destination.

I might get there earlier, or maybe also a bit later.

That's fine.



I will go by train to my next destination.

I may have to change trains 1 or more times during my train journey.

I will change trains at station or
..... stations.

I might not have to change trains during my train journey though.

In that case, I will stay on this train until I get to my destination.

I will get off at station

GOING HOME

I WILL GO BY BUS



I will go from the museum to the bus stop for bus number

It will take about minutes to get there.



I will get on the bus.

I will take the bus to..... (destination).

The journey takes approximately minutes.

I will get off at the bus stop

GOING HOME

I WILL GO BY TRAM



I will go from the museum to the tram stop for tram

It will take about minutes to get there.



I will get on the tram.

I will take the tram to (destination).

The journey takes approximately minutes.

I will get off at the tram stop

GOING HOME

I WILL GO BY CAR



I will go by car to.....(destination).



If I have parked in the car park next to the station building, I will validate my ticket at the Train World ticket office.



I will then pay at the payment machine in the car park. That way, I don't have to pay as much.

GOING HOME

I WILL GO BY BIKE



I will find my bike.

I will unlock my bike lock.

I will ride the bike to..... (destination).

GOING HOME

I WILL GO ON FOOT



I will go on foot to (destination).

This is the end of my bundle.

This is how my day out will go.

Things might change during the day.

That's fine.

If things change, the people accompanying me will indicate it on this plan.

That way, we'll make it a nice day out together.

Do you have feedback afterwards about your day out or the step-by-step plan? If so, feel free to email contact@toerismevoorautisme.be.